

HANDS & FEET

	Trainee	Graduate	Executive
	•	••	•••
Mini Manicure	£4.00	-	-
Manicure	£8.00	-	-
Deluxe Manicure	£10.00	-	-
Mini Pedicure	£4.00	-	-
Pedicure	£8.00	-	-
Deluxe Pedicure	£10.00	-	-
Jessica Manicure or Pedicure	-	£12.00	£18.00
Jessica Deluxe Manicure or Pedicure	-	£15.00	£22.00
File or Polish	-	£8.00	£10.00
Male Nail Tidy	-	£8.00	£10.00
GELeration Gel Hands or Feet	-	£20.00	£25.00
Gel Soak Off	-	£10.00	£10.00
Gel Soak Off and Nail Tidy	-	£15.00	£18.00
Gel Soak Off and New Set (Existing Clients)	-	£25.00	£30.00

BODY TREATMENTS

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Back, Neck, Shoulder Massage (25 mins)	£10.00	£20.00
Swedish Massage (55 mins) This involves the manipulation of deep soft body tissue for therapeutic purposes	£15.00	£30.00
Indian Head Massage (45 mins) This massage stimulates the nerves from the head area. This helps you to relax which, in turn, improves mental and physical health	£15.00	£30.00
Aromatherapy (55 mins) The use of aromatic plant extracts and essential oils for healing and cosmetic purposes	£20.00	-
Body Electrotherapy Electrotherapy is a form of treatment, which uses small electrical impulses to repair tissue, stimulate muscles and increase sensations and muscle strength	£10.00	-
St Tropez Spray Tan	-	£20.00

ELEMIS FACE AND BODY TREATMENTS

Graduate Executive
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Targeted Toning and Tightening (25 mins)

A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed.

£25.00 £30.00

Best Foot Forward (25 mins)

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Hot wax softens and smoothes to leave feet supple and fragrant as a rose.

£20.00 £25.00

Garden of England Rose Restore Hand Treatment

Hand massages are unbelievably relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.

£20.00 £25.00

Intensely Cleansing Salt Scrub (45 mins)

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

£25.00 £30.00

Elemis Everyday Facial (55 minutes)

Experience the age-defying benefits of marine-charged Padina Pavonica. This relaxing treatment improves appearance and firmness of skin and significantly increases skin hydration with the use of Padina Pavonica and Red Coral. The treatment promotes healthy cell renewal, protects against urban and environmental skin damage and prevents ageing by encouraging optimum cellular function through targeted massage.

£25.00 £35.00

FACIALS

Trainee Graduate Executive
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Mini Facial

£5.00 - -

Full Facial

£8.00 £15.00 -

Express Facial

- £12.00 -

Make-up Application

£5.00 - -

Graduate and Executive are qualified therapists. Trainee therapists are supervised throughout appointments.

Our price structure reflects both the educational level of our team members and practical salon experience. Skin tests are required 48-96 hours prior to a technical appointment. Please give 24 hours notice if an appointment needs to be cancelled.

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	Trainee	Graduate	Executive
ADVANCED FACIALS	•	••	•••
Microdermabrasion (55min)	-	-	£35.00
Glycolic Peel (55min)	-	-	£40.00
Glycolic Peel & Microdermabrasion Combined (85 min)	-	-	£55.00

Using a combination of advanced specialist skin care and Elemis products.
Courses are available for these services.

	Trainee	Graduate	Executive
EYE TREATMENTS	•	••	•••
Eyelash Tint	£7.00	£8.00	£10.00
Eyebrow Tint	£6.00	£7.00	£9.00
Lash & Brow Tint	£10.00	£12.00	£15.00
Eyebrow Trim and Shape	£3.00	£5.00	£8.00
HD Brows (30 mins)	-	-	£20.00
My Lash Lift (55 mins)	-	-	£30.00

Patch test may be required, please ask at the time of booking.

	Trainee	Graduate	Executive
HAIR REMOVAL	•	••	•••
Facial Waxing	£4.00	£6.00	£8.00
Underarm Wax	£5.00	£6.00	£10.00
Half Leg	£8.00	£10.00	£15.00
Full Leg and Bikini	£12.00	£15.00	£22.00
Bikini Wax	£5.00	£8.00	£15.00
Chest or Back Wax	-	£10.00	£15.00
Forearm Wax	-	£8.00	£12.00
Threading	-	-	£5.00

All treatments subject to availability.

Prices correct at time of print, treatments and prices are subject to change.